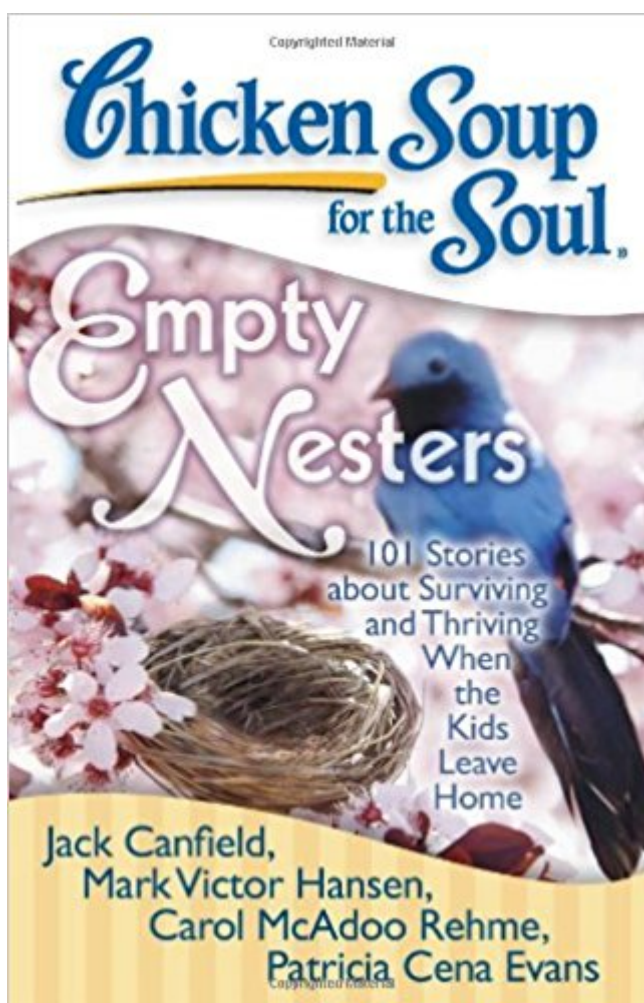


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# Chicken Soup For The Soul: Empty Nesters: 101 Stories About Surviving And Thriving When The Kids Leave Home



## Synopsis

This book provides support during a very emotional but exciting time for parents - sending their children off to college, new homes, or careers. It's a must-read for empty nesters or soon-to-be empty nesters grappling with their own bittersweet new freedom. This is Chicken Soup for the Soul's first book on a very emotional but exciting time for parents - sending their children off to college or new homes and careers. This terrific book is a must read for empty nesters or soon-to-be empty nesters. It contains 101 stories written by parents who have been there already and share their stories with new empty nesters. These heartfelt stories will inspire, support, and amuse parents grappling with their own bittersweet new freedom. The book also includes stories from the kids themselves, providing the view from the other side. Parents will nod their heads, cry a little, and laugh a lot as they recognize themselves and their almost grown-up children in these stories. In this book, parents share stories of gazing at surprisingly clean bedrooms, starting new careers, rediscovering their spouses, and handling the continuing, and often humorous, needs of their children even while they are away at college or ensconced in their own apartments. In one amusing story, a mother writes of dropping her last child off at college and then realizing that she and her husband can do anything they want. They spend three days driving the six hours home. The first Chicken Soup for the Soul book was published in 1993, and became a publishing industry sensation, ultimately selling eight million copies. Since then, more than 150 Chicken Soup titles have been published, selling more than 100 million copies. Chicken Soup for the Soul has won dozens of awards over the past 15 years, and its founders, Jack Canfield and Mark Victor Hansen have become celebrity motivational speakers and authors.

## Book Information

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Relationships > Family Relationships > Parent & Adult Child #1967 in [Books > Self-Help > Motivational](#) #18778 in [Books > Health, Fitness & Dieting](#)

## Customer Reviews

Jack Canfield is co-creator of the *Chicken Soup for the Soul*® series, which includes forty *New York Times* bestsellers, and coauthor of *The Success Principles: How to Get from Where You Are to Where You Want to Be*. He is a leader in the field of personal transformation and peak performance and is currently CEO of the Canfield Training Group and Founder and Chairman of the Board of The Foundation for Self-Esteem. An internationally renowned corporate trainer and keynote speaker, he lives in Santa Barbara, California. Mark Victor Hansen is a co-founder of *Chicken Soup for the Soul*.

This was a gift to a friend dying of cancer - I didn't actually read it but the first *Chicken Soup for the Soul* book by Canfield is an all time favorite. It has a number of stories, supposedly true, and very uplifting - so I thought this book would be in the same vein.

Not as compelling and sob inducing as the original books. I like them for their sob inducing-ness.

If you need comfort, inspiration, and strength, this is the book for you. It is completely filled with angel stories, all to give you strength. It has none of the author's comments or opinions, or quotes or anything extra found in so many other "angel books". What it does contain is chapters, some short, some long, all to give the reader the extra courage he or she may need, knowing that a power greater than oneself is watching and everything happens for a reason, something we, as humans, all have trouble grasping sometimes. This book is a real winner. You'll be glad you read it!

This is "Soul Food" !!! I just love playing the CD's in my car. The messages are well done. I am looking forward to getting more Soul stories.

I was looking forward to reading this book as I've read previous CSFS Christmas themed books in the past and they've really gotten me into the spirit. Sadly that was not the case this time around. These stories were poorly written and just plain boring. No inspiration here. Do better chicken soup!

Most *Chicken Soup* I love and this chicken soup wasn't any different. This book definitely got me in

the mood for the holidays and made me feel during and after the holidays as well. This book was also a great reminder of what the holidays are really about about being with friends and family and not just about gifts. I remember one story in particular about a family that had materialistic sons, so the mother decided one Christmas that she, her husband and sons would work at a homeless shelter and doing this gave them such comfort in their hearts that they did it every Christmas time and it of course gave them all a new perspective especially the sons a new perspective on Christmas. There are many other stories like this in the book as well, so get it and read it it's a great one.

It's not that good. I was looking for something more. To me it really doesn't reflect well on what the chicken soup books are all about. If this would have been my first chicken soup book I probably wouldn't purchase any more after this. Luckily I know better. Moving on. Let's try another.

Gave it as a gift to a dear friend who loss a loved one. She loved the book and read it every night was great to give to her when she was going through a loss of a loved one and for anyone who loves reading about messages from heaven anytime!

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